

Paramount Peaks

Catalog

No. 23

Dr Tamas Jasko
editor

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Watford
2020

Paramount Peaks Catalog No.23 - Southern Africa

Paramount Peaks Catalog

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F5. AO Angola

Peaks of over 240 m eminence, with a selection of lesser peaks

Area [sq.km]: 1,246,700

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
AO-1	-12.462S	15.176E	2620	2620	Morro de Mõco	
AO-5	-13.716S	13.166E	2489	2489	Serra da Neve	
AO-22	-14.200S	15.900E	1908	1908	Mocoti	
AO-34	-9.226S	15.441E	1749	1749	Cachiba	
AO-37	-12.956S	18.678E	1680	1680	Inhamo Top	
AO-39	-14.560S	16.930E	1675	1675	Malobas	
AO-8	-13.850S	14.133E	1669	2406	Panda	
AO-45	-12.027S	23.567E	1638	1638	Chipopo Top	
AO-23	-11.623S	16.566E	1514	1886	Cassenha	
AO-87	-10.327S	17.921E	1481	1481	Serra Cambala	
AO-41	-13.601S	17.003E	1436	1666	Mandonge Top	
AO-36	-13.480S	17.990E	1402	1680	Muangangia Top	
AO-123	-7.329S	15.122E	1320	1320	Quicambunda Top	
AO-133	-8.819S	18.980E	1264	1264	Satechinguri Top	
AO-80	-12.759S	23.135E	1226	1487	Chepaúa Top	
AO-143	-10.552S	20.333E	1219	1219	Tchana Tumba	
AO-115	-9.481S	16.331E	1217	1339	Bango Vinte e Dois	
AO-105	-10.366S	19.316E	1156	1384	Sacangi	
AO-10	-14.862S	13.330E	1085	2326	Tchoi	
AO-171	-9.811S	21.934E	1084	1084	Nanega	
AO-173	-9.423S	20.998E	1082	1082	Chamafumo	
AO-166	-6.463S	14.698E	1022	1101	Bundiungo	
AO-205	-8.223S	20.637E	987	987	Camissombo Top	
AO-214	-7.437S	20.012E	950	950	Tanda Top	
AO-54	-16.384S	12.725E	944	1581	Pediva Top	
AO-227	-8.355S	17.147E	919	919	Longo Quiau Top	
AO-161	-6.824S	16.177E	886	1119	Mangulo	
AO-62	-11.685S	19.136E	884	1548	Satembo Top	
AO-124	-9.182S	16.943E	861	1318	Cassua	
AO-51	-12.377S	19.060E	830	1595	Anhara Lutuei Top	
AO-241	-7.161S	13.763E	797	797	Vila	
AO-100	-14.313S	19.320E	788	1416	Chinoia Top	
AO-38	-15.750S	13.733E	765	1679	Ponguila	
AO-26	-13.229S	16.154E	731	1824	Chiuissse Top	
AO-32	-13.709S	14.971E	695	1773	Munda Top	
AO-76	-13.418S	19.621E	670	1494	Calandula Top	
AO-75	-15.254S	16.060E	655	1497	Techamutete Top	
AO-81	-11.819S	18.132E	647	1486	Sanjamba Top	
AO-193	-8.754S	21.558E	642	1036	Sambacesse	
AO-25	-15.133S	14.083E	561	1868	Hofui	
AO-202	-5.973S	15.793E	548	994	Mangando	
AO-97	-11.197S	18.599E	528	1425	Corado Top	
AO-30	-12.471S	16.951E	527	1784	Kuito Top	
AO-95	-11.282S	18.065E	522	1445	Vingombe	
AO-142	-9.242S	19.309E	506	1221	Cambazunga	
AO-175	-10.308S	21.798E	503	1077	Cassengo	

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AO-9	-14.316S	13.883E	498	2372	Tchivira	
AO-19	-12.342S	16.012E	483	1938	Lubanganda	
AO-18	-11.309S	15.675E	480	2011	Paquissema	
AO-58	-12.280S	18.552E	479	1576	Munhango Top	
AO-139	-8.387S	18.703E	476	1235	Cambacóri Top	
AO-73	-11.167S	19.168E	472	1502	Saongo Top	
AO-42	-14.166S	16.618E	460	1659	Cabimbia Top	
AO-67	-16.716S	13.566E	447	1526	Ungoialunda	
AO-108	-14.782S	14.702E	438	1372	Camucuio	
AO-49	-12.971S	18.152E	436	1604	Mingomba Top	
AO-240	-8.290S	14.104E	418	828	Mueto iá Palacaça	
AO-163	-9.492S	18.699E	414	1111	Cuengo	
AO-69	-14.509S	17.979E	405	1521	Cuatir Dois	
AO-74	-16.874S	14.027E	399	1498	Onturo Top	
AO-6	-11.718S	14.920E	397	2479	Vavele	
AO-40	-10.629S	16.077E	396	1674	Cambar	
AO-215	-7.752S	20.710E	393	944	Mieje Top	
AO-2	-12.478S	14.688E	393	2570	Cuinjumba	
AO-126	-8.301S	15.907E	383	1290	Cassule	
AO-237	-8.520S	17.594E	373	859	Matamba Top	
AO-53	-14.562S	15.416E	364	1592	Caculecule	
AO-179	-6.702S	16.645E	360	1071	Mangomba	
AO-47	-13.413S	18.779E	355	1615	Bundo Top	
AO-222	-7.465S	21.044E	355	927	Chipululo	
AO-230	-6.192S	16.614E	339	908	Lua	
AO-159	-10.612S	17.126E	339	1124	Cangamba	
AO-258	-7.155S	13.119E	338	340	Mongo Ambamba	
AO-249	-7.883S	13.775E	336	639	Camaca	
AO-15	-10.914S	14.572E	323	2079	Boende	
AO-176	-9.473S	21.408E	318	1077	Caibungo	
AO-145	-7.216S	15.583E	317	1205	Monte Quilembo	
AO-137	-7.762S	14.982E	316	1238	Quitoque	
AO-98	-12.318S	23.119E	304	1417	Candala Top	
AO-89	-8.352S	15.364E	303	1474	Curi Top	
AO-20	-12.595S	16.332E	300	1925	Chinguar Top	
AO-132	-8.838S	16.311E	279	1265	Cumbissa	
AO-50	-13.613S	18.407E	277	1603	Samuaco Top	
AO-259	-9.782S	13.964E	277	277	Muxito	
AO-93	-13.263S	20.002E	269	1449	Ucota Top	
AO-27	-11.713S	16.980E	263	1813	Alanda Top	
AO-110	-9.998S	19.200E	259	1357	Muauangui Top	
AO-127	-9.491S	17.179E	258	1287	Lulemba Top	
AO-188	-8.687S	14.819E	257	1048	Donda	
AO-85	-12.072S	19.411E	256	1484	Monga	
AO-52	-13.047S	19.098E	255	1593	Muene Tembo Top	
AO-187	-9.358S	20.447E	255	1053	Lunene	
AO-33	-11.313S	17.015E	250	1753	Capaua	
AO-244	-6.779S	13.723E	247	761	Serra Cussianzumbo	
AO-148	-9.159S	17.428E	238	1196	Mbango (Cabari)	
AO-250	-5.863S	13.834E	232	626	Crete Vunda	

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AO-243	-5.898S	14.276E	231	773	Binda	
AO-111	-10.854S	17.996E	231	1354	Vembe	
AO-14	-11.192S	15.133E	226	2108	Cassange	
AO-157	-8.129S	14.792E	223	1133	Demba	
AO-21	-10.923S	15.574E	215	1920	Conga	
AO-185	-9.208S	18.350E	211	1059	Uvungo	
AO-28	-10.488S	15.261E	208	1801	Ngueigi Primeiro	
AO-192	-6.586S	15.094E	204	1038	Tombe	
AO-61	-16.156S	13.802E	202	1555	Numpale Top	
AO-16	-10.629S	14.807E	200	2019	Bumbalunga	
AO-261	-7.614S	13.075E	198	198	Mutambo	
AO-3	-12.213S	14.899E	196	2554	Lupangue	
AO-149	-10.504S	16.664E	189	1185	Dundo	
AO-242	-7.460S	14.426E	183	790	Mansonso	
AO-82	-8.753S	15.529E	182	1486	Esmeralda	
AO-150	-10.099S	17.266E	181	1176	Canhambande	
AO-217	-7.562S	21.557E	163	938	Capengue	
AO-160	-10.122S	16.926E	163	1120	Lusséchi	
AO-172	-6.166S	14.733E	153	1082	Cuilo-Monte	
AO-129	-8.502S	16.104E	147	1285	Bombó	
AO-13	-12.394S	14.139E	145	2142	Ulombe	
AO-125	-9.729S	17.837E	142	1298	Cassala	
AO-256	-5.967S	13.491E	125	508	Quinsala	
AO-226	-7.783S	21.322E	124	920	Cassau	
AO-262	-6.297S	12.445E	123	123	Tchimacuanga	
AO-152	-10.263S	16.520E	120	1167	Quimuezo	
AO-116	-10.093S	16.077E	120	1337	Quindande Primeiro	
AO-68	-14.594S	17.513E	119	1526	Tchipombo	
AO-55	-14.645S	16.600E	118	1580	Dumbulumba Primeiro	
AO-245	-8.161S	17.617E	117	727	Cambacunga	
AO-260	-9.916S	13.718E	112	240	Tuenza	
AO-24	-11.259S	16.030E	108	1878	Arenguerenguere	
AO-79	-14.501S	18.442E	107	1490	Lungueve	
AO-57	-10.120S	14.969E	106	1578	Tamba	
AO-204	-6.166S	15.052E	101	987	Quissolanda	
AO-196	-8.570S	14.602E	101	1033	Quinquém	
AO-162	-10.419S	16.988E	100	1117	Cassango	
AO-200	-8.425S	21.711E	99	1007	Muriá	
AO-153	-9.389S	19.554E	99	1165	Capenda-Cuilo	
AO-247	-7.396S	13.974E	97	703	Tomba	
AO-60	-14.889S	16.982E	96	1558	Sanjamba	
AO-31	-11.962S	16.696E	95	1781	Cauaia	
AO-264	-10.304S	13.537E	93	93	Calunga	
AO-212	-7.850S	21.662E	93	955	Luemba	
AO-64	-10.024S	15.216E	92	1537	Quilau	
AO-91	-14.551S	18.689E	90	1464	Bicosso	
AO-17	-10.849S	14.849E	90	2017	Sasso	
AO-48	-14.623S	16.057E	89	1608	Mavulo	
AO-66	-14.676S	17.269E	88	1528	Catoti	
AO-203	-6.659S	15.613E	88	989	Canga	

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AO-92	-10.123S	17.794E	87	1458	Mbeza	
AO-29	-11.942S	16.937E	86	1795	Catumba	
AO-86	-14.830S	17.833E	85	1484	Casuela	
AO-251	-6.456S	13.611E	85	621	Mbalo	
AO-120	-14.544S	14.806E	85	1328	Capunda	
AO-35	-11.063S	16.313E	84	1738	Lombe	
AO-190	-7.445S	15.856E	84	1045	Utaucoco	
AO-253	-6.215S	13.692E	82	579	Mantende	
AO-118	-14.725S	14.954E	81	1331	Munquequete	
AO-182	-9.205S	21.034E	79	1067	Nibige	
AO-121	-14.949S	14.897E	78	1327	Mungai	
AO-128	-8.167S	15.684E	74	1287	Camege	
AO-4	-12.711S	15.358E	72	2511	Monte Ungungi	
AO-78	-14.560S	18.205E	69	1492	Catumbela	
AO-235	-6.066S	16.379E	68	881	LÚemba	
AO-186	-9.146S	18.171E	67	1058	Caginga	
AO-206	-8.363S	21.480E	66	986	Vungui-Vungui	
AO-167	-9.509S	18.957E	66	1100	Lufungi	
AO-208	-5.952S	15.591E	65	980	Quimuini	
AO-177	-9.453S	21.224E	64	1076	Fege	
AO-164	-10.457S	17.263E	64	1106	Samessumba	
AO-183	-9.260S	21.250E	63	1066	Cacuegue	
AO-88	-11.980S	17.385E	59	1477	Caliambandjo	
AO-181	-10.386S	21.973E	59	1067	Sachiumbo	
AO-229	-6.394S	15.607E	57	911	Itavo	
AO-154	-10.636S	17.599E	56	1158	Monte Sinai	
AO-144	-9.855S	17.499E	56	1212	Mbango	
AO-195	-6.518S	15.889E	55	1034	Ginza	
AO-265	-8.429S	13.473E	54	86	Quelha	
AO-194	-6.685S	15.875E	54	1034	Iconuno	
AO-94	-14.694S	18.556E	51	1446	Cambonge	
AO-165	-10.591S	16.914E	48	1101	Mumboe	
AO-12	-11.411S	14.730E	48	2278	Gulungo	
AO-70	-14.504S	17.658E	47	1519	Dinda	
AO-233	-6.280S	16.358E	47	902	Ituco-Tuco	
AO-207	-8.183S	21.675E	47	985	Moge	
AO-155	-9.205S	19.552E	47	1153	Luache	
AO-96	-9.803S	15.035E	45	1426	Dunga	
AO-246	-7.279S	14.252E	44	713	Diambo	
AO-184	-9.379S	20.819E	43	1061	Lunhami	
AO-252	-6.051S	13.855E	42	599	Jone	
AO-141	-9.260S	16.151E	42	1226	Candongo	
AO-225	-8.136S	21.421E	41	921	Muatchilambo	
AO-99	-14.742S	18.784E	39	1416	Chiongo	
AO-199	-8.573S	21.534E	38	1010	Lambo	
AO-44	-11.268S	16.684E	35	1653	Tchila	
AO-189	-9.224S	20.850E	35	1048	Chifuca	
AO-65	-12.154S	19.018E	32	1528	Issossa	
AO-221	-6.217S	16.083E	32	932	Macanga	
AO-106	-10.045S	18.016E	31	1384	Cogi iá Cassenda	

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AO-254	-6.519S	13.952E	29	559	Muanda	
AO-219	-6.506S	15.369E	29	933	Bengo	
AO-158	-9.451S	19.176E	27	1131	Camifufo	
AO-130	-8.112S	15.827E	26	1268	Mucau	
AO-11	-14.780S	13.431E	26	2320	Nompava	
AO-90	-10.193S	15.724E	25	1471	Mana Segundo	
AO-218	-7.661S	21.624E	25	936	Mutete	
AO-169	-10.045S	16.782E	25	1094	Catene	
AO-131	-8.441S	15.712E	25	1265	Quindui	
AO-248	-6.777S	14.325E	24	668	Pete	
AO-156	-8.246S	16.240E	24	1148	Cunda diá Base	
AO-46	-10.503S	15.769E	23	1635	Gingungo	
AO-232	-6.107S	15.427E	23	905	Fua	
AO-113	-14.969S	15.469E	23	1339	Vingölo	
AO-102	-10.480S	18.085E	22	1407	Tchitungo	
AO-83	-14.530S	18.329E	20	1485	Mazainga Segundo	
AO-228	-6.368S	15.416E	20	912	Tuache	
AO-224	-6.187S	15.823E	20	924	Sala	
AO-209	-6.664S	15.486E	20	978	Bongue	
AO-257	-6.166S	13.308E	19	386	Mananga	
AO-234	-5.914S	15.085E	19	882	Uanguila	
AO-213	-7.916S	21.574E	19	951	Malonga	
AO-170	-6.604S	16.159E	19	1091	Quicunda	
AO-266	-10.102S	13.428E	18	33	Cambalata	
AO-216	-6.044S	16.041E	18	943	Itoto	
AO-7	-12.750S	14.783E	17	2428	Serra Dembi	
AO-107	-14.929S	18.871E	17	1373	Mucutua	
AO-268	-8.963S	13.107E	16	16	Morro da Cruz	
AO-136	-7.202S	14.940E	15	1241	Serra do Mucaba	
AO-147	-8.981S	16.515E	14	1202	Pande	
AO-231	-7.314S	21.057E	13	907	Chumo	
AO-197	-6.608S	15.934E	13	1029	Senga	
AO-134	-9.166S	14.927E	13	1254	Quibezo	
AO-255	-6.344S	13.942E	12	512	Mpaca	
AO-103	-14.701S	18.921E	12	1391	Canguinda	
AO-72	-14.590S	17.829E	11	1510	Molundo	
AO-220	-6.233S	16.012E	10	932	Mucádi	
AO-201	-8.341S	21.758E	10	999	Longe	
AO-191	-7.147S	15.875E	10	1042	Quingoma	
AO-43	-10.644S	15.829E	9	1657	Quitúbia	
AO-180	-9.332S	18.668E	9	1069	Camilembe	
AO-77	-14.826S	17.284E	8	1492	Luassenha S	
AO-146	-8.713S	16.060E	8	1204	Xixila	
AO-138	-8.733S	16.224E	8	1237	Muezq	
AO-59	-14.616S	15.541E	7	1565	Pucucula	
AO-71	-14.531S	17.901E	6	1515	Melapisse	
AO-267	-10.057S	13.381E	6	31	Casau	
AO-114	-14.905S	19.038E	6	1339	Mafica	
AO-101	-14.853S	17.627E	6	1412	Missombo	
AO-263	-6.230S	12.419E	5	118	Lumueno	

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AO-223	-7.436S	21.094E	4	925	Matala	
AO-211	-5.963S	15.925E	4	964	Coluca	
AO-178	-6.387S	14.803E	4	1073	Pingo	
AO-174	-6.520S	16.116E	4	1078	Mucau (Quibula)	
AO-168	-6.711S	16.197E	3	1097	Chilete	
AO-104	-14.807S	18.900E	3	1386	Manongo	
AO-236	-6.033S	16.486E	2	859	Mbimbe	
AO-135	-8.840S	16.420E	1	1243	Jinga Mutué	
AO-84	-8.731S	15.504E	0	1484	Teteteo	
AO-56	-11.090S	16.603E	0	1580	Chimbango	
AO-151	-9.159S	16.284E	0	1173	Mulundo	

257 peaks 78,656 nominal cover [sq.km] 1,966,400

F5. SH

St. Helena

Peaks of over 30 m eminence

Area [sq.km]: 122

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
SH-1	-15.966S	-5.700W	818	818	Diana Peak	

1 peak 818 nominal cover [sq.km] 20450

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F5. ZM Zambia

Peaks of over 240 m eminence, with a selection of lesser peaks

Area [sq.km]: 752,614

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
ZM-3	-13.345S	29.611E	1875	1875	Mumpu	
ZM-4	-11.483S	31.516E	1871	1871	Mulemewangombe	
ZM-18	-9.789S	30.348E	1677	1677	Mipandala Top	
ZM-27	-16.283S	28.133E	1541	1541	Mabwituba Hills	
ZM-32	-13.064S	26.175E	1525	1525	Mushishima Hill	
ZM-34	-12.216S	27.816E	1520	1520	Kiwolere	
ZM-29	-11.325S	24.163E	1504	1531	Nyansongi	
ZM-17	-12.013S	26.432E	1503	1678	Chafukuma	
ZM-40	-15.236S	29.486E	1481	1481	Chilaunga	
ZM-43	-9.973S	28.997E	1469	1469	Webwe Top	
ZM-61	-16.933S	26.883E	1394	1394	Chiruzi Hill	
ZM-31	-12.509S	24.318E	1383	1526	Ndashi Top	
ZM-2	-9.050S	31.500E	1345	2063	Sunzu	
ZM-74	-15.310S	26.415E	1312	1312	Chinenga Hills	
ZM-7	-12.400S	30.866E	1312	1796	Lavushi	
ZM-82	-14.896S	25.431E	1222	1222	Tatayoyo Top	
ZM-84	-11.425S	30.389E	1196	1196	Chisale Island	
ZM-20	-14.015S	32.108E	1146	1646	Mpangwe	
ZM-51	-15.695S	28.827E	1139	1429	Chalenga Hills	
ZM-11	-10.160S	32.397E	993	1728	Chapalapata	
ZM-52	-12.643S	27.206E	947	1425	Kamulenga Top	
ZM-8	-13.027S	31.190E	909	1755	Chimbwingombe	
ZM-13	-8.683S	30.816E	807	1722	Chilingala	
ZM-33	-13.150S	28.850E	792	1525	Kansanfu	
ZM-62	-16.685S	26.284E	753	1388	Siakaunda	
ZM-53	-13.124S	27.585E	709	1423	Mukulefumo	
ZM-58	-12.966S	32.883E	611	1404	Kapiri Mtiwa	
ZM-38	-10.250S	30.746E	530	1499	Chikunta	
ZM-56	-13.961S	30.673E	528	1412	Kweshi Hills	
ZM-28	-9.262S	29.954E	518	1533	Mporokoso Top	
ZM-41	-11.269S	24.886E	507	1474	Mwanauti Top	ZM CD
ZM-59	-10.866S	28.883E	484	1396	Muluwula	
ZM-5	-11.991S	31.611E	480	1838	Ibangwe	
ZM-36	-12.001S	24.150E	475	1514	Wapopweli Top	
ZM-49	-13.638S	28.672E	427	1436	Katanino Hills	
ZM-37	-11.757S	24.668E	424	1514	Kasongo Top	
ZM-63	-17.399S	26.988E	409	1366	Chimwami	
ZM-22	-9.333S	30.516E	400	1624	Mulumbi Hill	
ZM-68	-16.525S	27.628E	371	1342	Musisa	
ZM-6	-11.119S	31.800E	351	1816	Muliliwa	
ZM-10	-11.050S	33.216E	343	1738	Chisi	
ZM-85	-12.142S	32.946E	308	1186	Mwangavula Hills	
ZM-35	-12.224S	24.603E	298	1517	Nyamberengi Top	
ZM-26	-13.884S	29.765E	281	1554	Mufulwe Hills	
ZM-1	-10.441S	33.202E	276	2108	Makutu Mountains	
ZM-60	-10.366S	28.843E	269	1396	Dundunduwa Top	

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ZM-64	-16.980S	27.285E	263	1365	Mabwingombe Hills	
ZM-77	-12.503S	30.051E	241	1286	Bwalyabemba Hill	
ZM-67	-17.658S	26.723E	230	1343	Chitendi	
ZM-39	-10.059S	31.910E	225	1486	Kasesya	
ZM-44	-10.001S	31.003E	214	1469	Kapungwa Top	
ZM-50	-10.738S	32.301E	205	1430	Mwambwa	
ZM-25	-12.736S	30.521E	201	1559	Vimbe	
ZM-71	-14.017S	31.066E	196	1319	Nyakolwe Hills	
ZM-45	-10.223S	31.235E	192	1465	Somena	
ZM-72	-17.042S	26.387E	191	1315	Ndembela	
ZM-21	-13.248S	30.190E	189	1643	Lika	
ZM-87	-13.100S	32.383E	188	1095	Kafutumula	
ZM-70	-12.616S	33.016E	183	1319	Ziko	
ZM-19	-12.483S	31.300E	169	1673	Mayenze	
ZM-83	-8.772S	30.099E	166	1198	Kulankwi Escarpment	
ZM-42	-10.240S	30.376E	151	1474	Mpalapata Hills	
ZM-81	-13.917S	31.381E	150	1268	Sasare	
ZM-15	-13.235S	30.545E	140	1687	Msengule	
ZM-54	-15.333S	29.800E	136	1420	Kaulashishi	
ZM-23	-13.537S	30.216E	133	1614	Ngoli Hills	
ZM-9	-12.131S	31.297E	125	1742	Luwesa	
ZM-47	-10.242S	31.494E	124	1462	Nkangawakali	
ZM-12	-12.893S	30.942E	120	1727	Mabyulu	
ZM-78	-17.208S	26.164E	102	1276	Simwami North	
ZM-46	-10.659S	31.955E	98	1462	Nsao	
ZM-14	-13.075S	30.794E	88	1711	Mpansha Hill	
ZM-66	-17.177S	26.864E	81	1360	Mundi	
ZM-69	-16.750S	27.300E	73	1336	Mulenga	
ZM-76	-13.600S	32.333E	72	1294	Wonzi Hill	
ZM-30	-10.961S	31.396E	67	1529	Chulu	
ZM-79	-17.381S	26.124E	58	1274	Simwami	
ZM-65	-11.583S	33.216E	45	1365	Chananga	
ZM-55	-10.567S	32.152E	45	1418	Kalulu Top	
ZM-57	-11.137S	32.291E	42	1405	Katambala Top	
ZM-73	-13.618S	31.014E	40	1312	Nchelia	
ZM-16	-13.250S	30.733E	33	1678	Kaunga Hill	
ZM-80	-17.332S	26.242E	25	1270	Siakwavi	
ZM-75	-17.118S	27.062E	15	1299	Mwenze Hill	
ZM-24	-9.933S	30.166E	12	1587	Kabansa Hill	
ZM-86	-13.697S	31.678E	7	1119	Nchindeni Hills	

86

peaks

46,650

nominal cover [sq.km]

1,166,250

Note: Mwanauti Top is on the border of Zambia and Congo-Kinshasa

Paramount Peaks Catalog No.23 - Southern Africa

F5. ZW Zimbabwe

Peaks of over 240 m eminence, with a selection of lesser peaks

Area [sq.km]: 390,757

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
ZW-1	-18.295S	32.841E	2991	2991	Inyangani	
MZ-1	-19.777S	33.062E	2436	2436	Monte Binga	MZ ZW
ZW-5	-17.150S	30.633E	1749	1749	Maplanka	
ZW-14	-20.618S	29.903E	1637	1637	Belingwe Peak	
ZW-22	-20.033S	31.420E	1563	1563	Chisiyana	
ZW-23	-19.666S	29.983E	1562	1562	Mackinnon Kop	
ZW-24	-20.477S	28.710E	1560	1560	Mwazi	
ZW-62	-17.554S	28.077E	1434	1434	Tundazi	
ZW-110	-18.666S	26.183E	1149	1149	Deteema	
ZW-119	-22.100S	30.316E	923	923	Mabezikwe	
ZW-81	-19.066S	29.283E	890	1354	Hozori Hills	
ZW-47	-16.637S	30.037E	870	1479	Jeonenene	
ZW-92	-17.050S	28.616E	869	1298	Chirumbira	
ZW-101	-18.302S	27.011E	809	1208	Hojobwe	
ZW-112	-18.158S	25.750E	800	1123	Woodlands Top	
ZW-13	-17.557S	31.241E	770	1653	Ngomakurira	
ZW-26	-19.465S	30.898E	697	1553	Chigara	
ZW-83	-18.462S	29.257E	695	1346	Sidomo	
ZW-4	-18.738S	31.598E	646	1788	Dangamvuri	
ZW-6	-16.631S	30.897E	633	1739	Mavurwe	
ZW-108	-21.366S	29.866E	625	1182	Mount Towla	
ZW-123	-21.811S	30.979E	578	739	Mateke	
ZW-114	-16.900S	32.800E	578	1111	Manyama	
ZW-98	-15.900S	30.000E	511	1240	Msambansovu	
ZW-125	-21.233S	31.983E	503	573	Makamandima	
ZW-109	-18.205S	27.877E	499	1160	Kwaaipepa Escarpment	
ZW-66	-19.661S	28.886E	465	1419	Sigume	
ZW-122	-21.333S	31.266E	461	740	Chivumburu	
ZW-107	-17.766S	28.916E	452	1184	Mumwa	
ZW-106	-18.060S	28.405E	441	1192	Charama	
ZW-120	-21.616S	28.966E	437	916	Msandane	
ZW-38	-17.401S	32.276E	412	1504	Mutemwa	
ZW-103	-19.999S	27.837E	410	1204	Guswini Top	
ZW-39	-16.421S	31.720E	372	1500	Chipari	
ZW-105	-20.656S	31.447E	358	1199	Dabwa Business Center	
ZW-71	-16.425S	29.604E	355	1412	Nyangahwe	
ZW-77	-16.846S	29.620E	301	1385	Chiumburukwe	
ZW-86	-16.646S	29.207E	300	1336	Nyahunzvi	
ZW-3	-18.244S	31.920E	297	1793	Zambara	
ZW-16	-20.627S	30.321E	288	1627	Mount Bunwa	
ZW-20	-18.879S	31.088E	284	1580	Mtoro	
ZW-35	-19.307S	30.187E	282	1524	Cambrai	
ZW-40	-18.576S	30.758E	279	1492	Mbudzirumi	
ZW-2	-19.383S	32.783E	269	2272	Himalaya	
ZW-89	-17.716S	29.966E	265	1315	Mtjekwe	
ZW-88	-18.134S	30.603E	255	1329	Chizhanje	

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ZW-95	-16.284S	29.065E	240	1288	Gotogota	
ZW-82	-20.943S	28.973E	236	1351	Makolombe	
ZW-34	-19.966S	29.366E	221	1530	Aluga	
ZW-37	-16.855S	31.617E	220	1509	Mount Darwin	
ZW-96	-18.300S	29.933E	218	1281	Gatooma	
ZW-30	-20.512S	29.501E	202	1541	Shamba	
ZW-27	-19.900S	29.733E	200	1549	Hoko Range	
ZW-93	-18.016S	30.133E	196	1289	Gwidzima	
ZW-17	-17.942S	31.261E	195	1621	Narira	
ZW-111	-17.757S	27.605E	181	1142	Chizarira	
ZW-29	-20.146S	31.103E	178	1544	Nyuni	
ZW-41	-19.205S	31.438E	167	1491	Mharabwe	
ZW-44	-20.457S	28.243E	157	1481	Kula	
ZW-56	-19.290S	30.543E	149	1452	Athens	
ZW-21	-17.418S	31.560E	137	1572	Masimbi	
ZW-46	-20.190S	30.769E	131	1480	Cotopaxi	
ZW-70	-18.584S	30.414E	128	1413	Bumbe	
ZW-12	-18.178S	31.557E	127	1687	Dombe Dombe	
ZW-124	-21.626S	30.713E	123	677	Matengeni	
ZW-50	-19.715S	31.519E	118	1469	Rasa	
ZW-25	-17.168S	31.052E	116	1559	Kanyoto	
ZW-69	-20.065S	28.707E	109	1413	Intabayezinduna	
ZW-90	-18.740S	29.217E	105	1299	Dendera	
ZW-85	-17.175S	31.967E	105	1341	Wanoko	
ZW-18	-17.550S	30.964E	104	1621	Mbebe	
ZW-80	-17.316S	29.966E	96	1358	Zhonzhi	
ZW-102	-15.683S	30.133E	89	1207	Kapuno	
ZW-59	-20.611S	28.027E	87	1443	Maholi	
ZW-55	-18.883S	30.300E	85	1457	Mashaba Hills	
ZW-10	-18.610S	31.877E	81	1701	Chinyenyawana	
ZW-91	-19.290S	29.135E	79	1298	Mthangala	
ZW-67	-20.130S	28.951E	78	1414	Mpochu	
ZW-87	-18.263S	29.184E	74	1334	Masoro	
ZW-54	-17.146S	31.406E	74	1462	Shashi	
ZW-117	-20.769S	31.046E	74	974	Mbangamabwe	
ZW-11	-17.799S	31.868E	69	1691	Bogoto	
ZW-60	-19.465S	30.432E	66	1438	Ngodzori	
ZW-36	-20.055S	31.679E	65	1512	Hanyana (Chinyamagona)	
ZW-79	-20.009S	28.461E	64	1367	Emnyama	
ZW-51	-19.352S	31.278E	63	1468	Mvimvi	
ZW-68	-19.788S	31.180E	61	1413	Pfungidzo	
ZW-94	-19.400S	28.704E	57	1288	Munungwe	
ZW-115	-18.363S	27.317E	56	1092	Chimeja	
ZW-116	-18.077S	27.624E	55	1071	Situmba	
ZW-72	-16.832S	30.201E	53	1411	Nangadza	
ZW-99	-16.203S	29.285E	51	1239	Chemakunguwo	
ZW-121	-21.533S	30.318E	50	833	Sangokwe	
ZW-75	-19.886S	29.057E	49	1402	Indumba	
ZW-78	-20.021S	30.547E	43	1383	Nyamunda	
ZW-118	-18.018S	27.336E	43	961	Siafwa	

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ZW-84	-20.144S	30.009E	42	1345	Gongwe	
ZW-43	-18.719S	30.831E	41	1484	Mount Featherstone	
ZW-97	-18.401S	30.108E	34	1242	Lone Kopje	
ZW-8	-16.776S	30.933E	34	1730	Nyamanyetsi	
ZW-48	-19.107S	30.231E	33	1477	Chaliakoba	
ZW-7	-18.045S	31.844E	32	1739	Anwa	
ZW-42	-19.482S	30.127E	27	1488	Mashava	
ZW-33	-17.600S	31.584E	27	1534	Nyahungwe	
ZW-73	-16.748S	30.289E	25	1409	Doma	
ZW-32	-17.836S	31.040E	23	1536	The Kopje	
ZW-31	-20.485S	28.863E	20	1540	Mazhowe	
ZW-15	-16.846S	31.179E	18	1631	Banje	
ZW-76	-19.798S	28.932E	17	1396	Mkoko	
ZW-52	-20.533S	28.354E	17	1466	Sekwa	
ZW-100	-18.112S	30.318E	17	1228	Piririmodzi	
ZW-9	-16.832S	30.855E	16	1729	Chikonyora	
ZW-61	-19.533S	30.502E	16	1437	Chizhou	
ZW-19	-17.872S	31.422E	15	1581	Goromonzi	
ZW-104	-18.632S	30.007E	15	1201	Elephant Hill	
ZW-64	-19.587S	31.158E	14	1425	Guvi	
ZW-63	-19.491S	31.196E	12	1431	Jirimanda	
ZW-49	-20.073S	29.532E	12	1473	Shangangwe	
ZW-57	-20.352S	29.059E	11	1451	Mulungwane	
ZW-28	-20.483S	28.605E	8	1549	Golati	
ZW-53	-17.116S	30.233E	4	1466	Gasikani	
ZW-65	-19.600S	31.213E	3	1422	Utsinda	
ZW-113	-17.989S	29.795E	3	1123	Dawa Madakwe	
ZW-74	-19.729S	31.167E	2	1408	Dundumwe	
ZW-58	-20.629S	28.322E	2	1449	Demgwe	
ZW-45	-19.263S	31.494E	1	1480	Gombe	

126

peaks

41,226

nominal cover [sq.km]

1,030,650

Note: Monte Binga is on the border of Mozambique and Zimbabwe

Paramount Peaks Catalog No.23 - Southern Africa

F5. MZ Mozambique

Peaks of over 240 m eminence, with a selection of lesser peaks

Area [sq.km]: 801,590

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
MZ-1	-19.777S	33.062E	2436	2436	Monte Binga	MZ ZW
MZ-2	-15.375S	37.028E	2280	2280	Serra Namúli	
MZ-6	-12.818S	35.167E	1848	1848	Serra Macuta	
MZ-8	-14.888S	38.308E	1776	1776	Mepalue	
MZ-9	-13.979S	35.335E	1657	1745	Monte Muzambiche	
MZ-26	-15.119S	31.945E	1505	1505	Monte Fíngoè	
MZ-30	-14.055S	39.396E	1444	1444	Monte Reno	
MZ-3	-18.426S	34.041E	1432	1863	Monte Nhandore	
MZ-33	-12.083S	37.633E	1413	1413	Serra Mecula	
MZ-37	-13.810S	37.202E	1359	1359	Monte Mucôpo	
MZ-34	-15.262S	30.653E	1314	1406	Ulungo Top	
MZ-49	-13.513S	38.595E	1219	1219	Monte Maco	
MZ-51	-12.950S	37.650E	1205	1205	Monte Tchirimba	
MZ-57	-17.455S	35.387E	1150	1150	Morumbala	
MZ-75	-11.552S	39.386E	1015	1015	Combatentes Top	
MZ-19	-14.637S	37.591E	852	1571	Serra Nampatiua	
MZ-79	-12.163S	38.702E	823	969	Serra Nicage	
MZ-65	-12.742S	38.307E	757	1080	Monte Djangaué	
MZ-105	-16.327S	34.100E	724	724	Monte Muambe	
MZ-87	-12.883S	39.016E	658	860	Monte Tivira	
MZ-11	-12.666S	35.800E	649	1710	Monte Batama	
MZ-39	-12.455S	36.503E	629	1336	Monte Oizulo	
MZ-99	-16.296S	37.782E	618	763	Monte Ruto	
MZ-58	-15.540S	31.274E	586	1145	Monte Cone Negose	
MZ-13	-14.482S	33.589E	580	1705	Monte Metuansombe	
MZ-42	-15.535S	33.234E	570	1311	Serra Nhamenda	
LP-13	-22.682S	31.389E	532	532	Nyandu Top	LP MZ
MZ-93	-16.239S	33.336E	488	827	Montes Zemica	
MZ-108	-16.786S	33.492E	468	699	Serra Pompa	
MZ-107	-16.483S	37.283E	454	703	PodÓ	
MZ-113	-12.216S	40.000E	453	661	Serra Mape	
MZ-16	-14.500S	32.906E	452	1645	Serra Maconcoé	
MZ-117	-15.978S	39.011E	446	611	Monte Muli	
MZ-97	-12.602S	39.462E	435	775	Monte Napai	
MZ-36	-14.733S	31.121E	422	1364	Monte Tchetuze	
MZ-122	-17.093S	36.911E	419	419	Monte Iero	
MZ-60	-13.540S	38.070E	411	1121	Monte Humo	
MZ-123	-21.055S	32.907E	404	404	Chizunho	
MZ-52	-15.249S	38.931E	379	1199	Serra Paione	
MZ-70	-13.862S	36.601E	377	1068	Monte Eúla	
MZ-40	-14.583S	31.566E	356	1316	Zonzole	
MZ-125	-16.581S	39.010E	342	342	Monte Macorre	
MZ-127	-14.441S	40.465E	322	322	Monte Cuguni	
MZ-82	-16.126S	32.340E	310	953	Serra Mevunge	
MZ-128	-18.271S	35.240E	304	304	Inhamitanga Top	
MZ-22	-15.242S	33.883E	281	1549	Serra Dombamanja	

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MZ-54	-12.266S	37.133E	275	1158	Montes Lipetembe	
MZ-109	-13.210S	40.129E	264	695	Iocola	
MZ-53	-13.457S	37.540E	259	1168	Monte Massangana	
MZ-111	-13.096S	39.494E	245	674	Monte Mecuti	
MZ-63	-11.850S	36.100E	238	1093	Serra Malumba	
MZ-119	-16.823S	33.953E	236	553	Monte Nhengué	
MZ-131	-23.730S	35.043E	234	234	Mazengue Top	
MZ-55	-12.967S	36.373E	228	1156	Uera Top	
MZ-88	-14.779S	39.618E	223	858	Monte Mocorro	
MZ-129	-14.750S	40.650E	221	297	Mesa	
MZ-5	-15.197S	34.481E	218	1850	Monte Mepulo	
MZ-45	-12.093S	36.534E	203	1285	Monte Ximoso	
MZ-133	-24.629S	34.967E	197	197	Alto Chicacane	
MZ-134	-24.043S	34.852E	193	193	Maiela Top	
MZ-135	-23.322S	35.475E	191	191	Monte Gadzine	
MZ-136	-24.338S	35.251E	190	190	Dongane	
MZ-112	-11.513S	38.854E	185	668	Monte Lititue	
MZ-17	-14.742S	33.845E	181	1636	Monte Tunda	
MZ-29	-14.740S	36.684E	171	1460	Serra Mitúcuè	
MZ-137	-21.594S	34.355E	165	165	Chibanda	
MZ-20	-14.978S	33.586E	155	1562	Montes Nhamissasse	
MZ-138	-24.837S	34.320E	154	154	Chibangue Top	
MZ-103	-13.601S	40.185E	153	731	Monte Muima	
MZ-101	-12.952S	37.083E	149	759	Nampira Top	
MZ-25	-14.183S	32.683E	148	1509	Zonampeni	
MZ-46	-14.378S	37.116E	144	1282	Serra Cháché	
MZ-15	-14.287S	33.386E	144	1701	Monte Tambanhero	
MZ-140	-22.990S	35.000E	143	143	Alexandre Top	
MZ-95	-13.906S	40.033E	142	799	Monte Nanimaco	
MZ-67	-14.431S	38.796E	136	1076	Monte Melala	
MZ-141	-25.163S	33.464E	136	136	Chibona Inaleti Top	
MZ-72	-15.689S	32.791E	131	1042	Serra Dgunsa	
MZ-106	-16.418S	34.353E	130	723	Monte Domuo	
MZ-143	-22.527S	35.512E	128	128	Maxecane Top	
MZ-14	-12.913S	35.705E	128	1704	Monte Changaussio	
MZ-145	-15.516S	40.550E	127	127	Ilha Infusse	
MZ-144	-12.595S	40.501E	127	127	Monte Lupângua	
MZ-96	-16.290S	33.000E	126	779	Inhakakari	
MZ-146	-25.012S	32.930E	122	122	Ilha Sichalo	
MZ-130	-14.854S	40.397E	121	281	Monte Chixi	
MZ-90	-13.918S	36.153E	118	848	Monte Cumbira	
MZ-31	-13.353S	35.737E	114	1444	Monte Malati	
MZ-78	-13.931S	37.703E	110	980	Monte Mapeie	
MZ-10	-13.743S	35.438E	110	1728	Monte Livigire	
MZ-148	-21.662S	35.467E	109	109	Ilha do Bazaruto	
MZ-47	-14.621S	32.101E	105	1279	Monte Chuamba	
MZ-149	-22.226S	34.941E	105	105	Gonomene	
MZ-12	-11.863S	35.024E	104	1707	Monte Binga (Lago)	
MZ-80	-15.221S	32.806E	103	969	Serra Amboze	
MZ-62	-16.676S	32.704E	99	1097	Nyakaka	

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MZ-150	-22.200S	35.533E	93	93	Macaxe	
MZ-35	-15.055S	30.745E	91	1399	Cauè	
MZ-124	-21.019S	32.644E	91	375	Chassena	
MZ-151	-16.069S	40.092E	90	90	Nantapa Top	
MZ-102	-12.443S	39.001E	87	739	Monte Palapato	
MZ-76	-15.466S	32.683E	84	1009	Serra Cánzi	
MZ-147	-23.649S	35.385E	84	114	Monte Matapene	
MZ-116	-15.319S	39.737E	84	612	Monte Murroto	
MZ-43	-14.416S	36.816E	79	1305	Mirué	
MZ-104	-15.766S	32.166E	79	728	Serra Búnguè	
MZ-126	-21.235S	32.513E	78	334	Mature	
MZ-142	-23.919S	34.592E	76	129	Papo	
MZ-64	-11.843S	35.898E	75	1092	Macungauma	
MZ-152	-21.800S	35.216E	75	75	Chipongo	
MZ-154	-17.050S	38.666E	73	73	Ilha Monaco	
MZ-153	-21.983S	35.116E	73	73	Nhangane	
MZ-71	-15.665S	38.063E	72	1049	Serra Muácomuano	
MZ-69	-13.497S	36.205E	71	1072	Monte Maca	
MZ-41	-15.196S	36.195E	63	1312	Monte Mirote	
MZ-120	-11.562S	38.266E	63	519	Jeuca Top	
MZ-118	-11.378S	37.855E	61	607	Monte Lisalo	
MZ-98	-12.633S	39.655E	59	763	Monte Tipamoco	
MZ-155	-25.053S	33.796E	58	58	Alto Macazene	
MZ-59	-13.497S	36.982E	55	1137	Mindge Top	
MZ-91	-15.956S	38.296E	54	842	Inrule	
MZ-114	-11.363S	38.952E	53	660	Bundi Top	
MZ-56	-12.100S	36.847E	52	1154	Montes Muivando	
MZ-77	-14.958S	39.140E	51	1008	Monte Tatapila	
MZ-73	-12.835S	37.973E	51	1037	Monte Niuti	
MZ-48	-15.420S	38.378E	49	1272	Serra Namuhuca	
MZ-50	-12.228S	36.315E	45	1216	Monte Livanga	
MZ-132	-21.388S	32.793E	41	209	Madudo	
MZ-23	-14.587S	38.053E	40	1523	Serra Melúli	
MZ-32	-14.868S	37.785E	37	1437	Serra Merripa	
MZ-68	-14.289S	36.457E	36	1074	Monte Techuassuro	
MZ-94	-16.156S	38.431E	34	820	Monte Gilé	
MZ-61	-15.555S	31.476E	34	1105	Monte Matemoè	
MZ-89	-13.926S	38.151E	31	853	Serra Corrovera	
MZ-110	-16.136S	37.975E	31	678	Monte Uapé	
MZ-24	-15.091S	33.795E	28	1519	Zavúdoè	
MZ-21	-13.301S	35.345E	27	1551	Monte Matama	
MZ-100	-12.733S	39.701E	22	762	Monte Merra	
MZ-115	-11.654S	38.876E	20	649	Planalto dos Macondes	
MZ-84	-12.318S	38.621E	19	930	Serra Nicero	
MZ-28	-14.902S	33.355E	17	1471	Monte Chussito	
MZ-92	-15.994S	38.384E	15	840	Monte Namecuácua	
MZ-7	-15.099S	34.531E	14	1841	Monte Dezenza	
MZ-85	-13.117S	38.453E	13	893	Monte Miture	
MZ-74	-13.806S	36.744E	13	1037	Monte Mitimbo	
MZ-38	-14.375S	32.285E	13	1352	Monte Melimba	

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MZ-139	-16.723S	39.318E	13	147	Monte Matapane	
MZ-83	-15.354S	32.494E	12	932	Serra Camenbere	
MZ-18	-13.509S	35.321E	10	1608	Metonia	
MZ-121	-16.926S	34.076E	7	513	Monte Súdeza	
MZ-81	-15.268S	32.747E	5	963	Techingoma	
MZ-27	-15.026S	31.964E	4	1492	Serra Inhamezombo	
MZ-66	-13.293S	37.687E	2	1078	Monte Merange	
MZ-44	-15.148S	37.803E	1	1287	Serra Luri	
MZ-4	-18.366S	34.062E	1	1856	Monte Zombue	
MZ-86	-15.054S	39.404E	0	864	Monte Chucui	

156 peaks

49,401

nominal cover [sq.km]

1,235,025

Notes:

- *1 Monte Binga is on the border of Mozambique and Zimbabwe
- *2 Nyandu Top is on the border of Mozambique and Limpopo, ZA

F5. MU Mauritius

Peaks of over 30 m eminence

Area [sq.km]: 2,040

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
MU-1	-20.402S	57.403E	827	827	Petite Riviere Noire	
MU-2	-19.700S	63.433E	398	398	Mont Limon	
MU-3	-19.848S	57.780E	270	270	Round Island	
MU-4	-16.250S	59.583E	6	6	Albatross Island	
MU-5	-10.342S	56.586E	5	5	Montagne d'Emmerez	

5 peaks

1,506

nominal cover [sq.km]

37,650

F5. RE Reunion

Peaks of over 30 m eminence

Area [sq.km]: 2,512

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
RE-1	-21.098S	55.480E	3069	3069	Piton des Neiges	

1 peak

3,069

nominal cover [sq.km]

76,725

Paramount Peaks Catalog No.23 - Southern Africa

F5. NA Namibia

Peaks of over 210 m eminence, with a selection of lesser peaks

Area [sq.km]: 825,418

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NA-1	-21.150S	14.583E	2606	2606	Königstein	
NA-2	-22.650S	17.180E	2479	2479	Moltkeblick	
NA-3	-23.350S	16.216E	2353	2353	Gamsberg	
NA-5	-21.266S	16.800E	2263	2263	Klein Omatako	
NA-4	-21.666S	15.666E	2186	2298	Erongo	
NA-6	-27.183S	18.733E	2183	2183	Schroffenstein	
NA-7	-19.583S	17.600E	2129	2129	Otaviberge	
NA-9	-17.200S	13.016E	2069	2069	Omavanda	
NA-10	-25.250S	15.750E	2044	2044	Chowagasberg	
NA-22	-18.583S	13.716E	1868	1868	Schwarze Kuppen	
NA-34	-19.833S	14.133E	1654	1654	Grootberg	
NA-41	-25.865S	17.796E	1590	1590	Brukkaros	
NA-55	-19.783S	21.000E	1264	1264	Aha Hills	
NA-13	-25.733S	16.483E	1237	1978	Grosskopf	
NA-45	-19.451S	15.122E	1101	1565	Kaoko Top	
NA-18	-22.050S	17.900E	972	1893	Omieveberg	
NA-12	-24.166S	16.166E	925	1991	Naukluftberge	
NA-26	-19.716S	16.766E	913	1806	Abaehausberg	
NA-23	-17.583S	13.883E	889	1867	Ehomba	
NA-59	-28.416S	19.716E	856	1005	Dikwillemberg	
NA-42	-21.250S	17.883E	787	1576	Otjozundu	
NA-32	-27.116S	16.883E	723	1703	Namisis Sød	
NA-48	-22.583S	18.816E	646	1543	Langer Forst	
NA-24	-22.700S	15.766E	640	1845	Witwatersberge	
NA-11	-17.250S	12.416E	616	2040	Ongeama	
NA-39	-20.166S	15.416E	574	1597	Fransfontein Mountains	
NA-17	-20.666S	17.133E	539	1920	Klein-Waterberg	
NA-52	-19.280S	15.758E	527	1334	Suiderkruis Top	
NA-63	-24.117S	14.983E	526	526	Tsondabvlei Top	
NA-43	-19.521S	13.646E	512	1569	Kharokhaobvlakte Top	
NA-21	-20.500S	16.300E	511	1869	Klein Paresis	
NA-27	-26.546S	16.534E	500	1796	Augustfelde Top	
NA-60	-27.850S	19.800E	496	872	Schwarzberg	
NA-35	-27.633S	16.800E	474	1651	Nasepberg	
NA-29	-22.566S	18.083E	466	1790	Groot Kleeberg	
NA-15	-17.716S	13.150E	438	1963	Otjinduu	
NA-20	-20.833S	15.333E	434	1891	Okenyenya	
NA-61	-22.516S	14.816E	423	704	Rössingberge	
NA-50	-19.433S	18.375E	415	1461	Aroam Top	
NA-58	-28.366S	18.383E	407	1042	Hohewelle	
NA-64	-23.660S	14.978E	392	515	Soutrivier Top	
NA-54	-19.997S	14.807E	373	1280	Kakatswa-Ongwati Top	
NA-53	-24.533S	17.583E	355	1301	Signalberg	
NA-57	-28.716S	18.733E	351	1056	Umeis	
NA-36	-27.833S	17.166E	278	1647	Hunsberge	
NA-49	-19.445S	14.697E	263	1515	Kamanjab Top	

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NA-62	-23.183S	14.950E	262	557	Chungochoab	
NA-25	-25.300S	16.633E	256	1837	Rooiberg	
NA-19	-24.833S	16.333E	210	1892	Tsarischeberg	
NA-40	-17.816S	12.566E	209	1593	Otjhipa	
NA-66	-26.754S	15.156E	176	176	Albatroskop	
NA-51	-24.999S	17.378E	171	1432	Rooivlei Top	
NA-46	-27.633S	18.216E	170	1552	Dom	
NA-38	-20.170S	14.149E	167	1602	Wereldsend Top	
NA-33	-18.844S	14.069E	165	1684	Otjikongoi Top	
NA-14	-25.983S	16.333E	149	1971	Tirasberge	
NA-28	-21.900S	17.550E	146	1790	Spitzkuppe	
NA-65	-24.404S	14.993E	141	508	Norakop Top	
NA-31	-20.050S	16.750E	113	1704	Okorusuberg	
NA-16	-25.066S	16.033E	80	1931	Losberg	
NA-8	-21.100S	16.466E	77	2098	Etjo	
NA-56	-26.350S	17.833E	74	1208	Boguberge	
NA-30	-26.583S	16.316E	63	1782	Kleiner Löwenberg	
NA-44	-24.999S	16.941E	56	1567	Burgersdorf Top	
NA-67	-26.283S	14.950E	49	49	Ichaboe Island	
NA-47	-27.250S	18.083E	28	1551	Klein Karasberge	
NA-37	-27.800S	16.866E	26	1617	Namuskluft	
67 peaks 49,035 nominal cover [sq.km] 1,225,875						

F5. TF Scattered Islands (Îles Éparses)

Peaks of over 180 m eminence, with a selection of lesser peaks Area [sq.km]: 157

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
TF-1	-22.333S	40.366E	24	24	Ile Europa	
TF-3	-11.580S	47.300E	12	12	Grande Glorieuse	
TF-2	-17.054S	42.724E	12	12	Ile Juan de Nova	
TF-4	-12.350S	46.433E	8	8	Banc du Geyser	TF MG KM
TF-5	-15.892S	54.523E	7	7	Ile Tromelin	
TF-6	-11.516S	47.377E	6	6	Ile du Lys	
6 peaks 69 nominal cover [sq.km] 1725						

Notes:

- *1 Code TF used here only for the Îles Éparses (Europa, Glorieuses, Tromelin etc.).
ISO code TF includes also other areas of the French Southern Territories
- *2 Banc du Geyser is claimed both by France (as part of Îles Éparses),
Madagascar and the Comoros

Paramount Peaks Catalog No.23 - Southern Africa

F5. BW Botswana

Peaks of over 150 m eminence, with a selection of lesser peaks

Area [sq.km]: 581,726

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
BW-4	-22.706S	27.435E	1380	1380	Sephikamolelo Hill	
BW-5	-18.750S	21.766E	1370	1370	Tsodilo Hills	
BW-1	-24.842S	25.666E	1140	1494	Manyelanong Hill	
BW-22	-18.416S	24.250E	1102	1102	Goha Hills	
BW-25	-21.512S	25.682E	1075	1075	Detoie Top	
BW-16	-21.416S	27.833E	1058	1189	Matje M'looji Range	
BW-18	-21.094S	26.979E	839	1159	Lekoba Top	
BW-30	-22.062S	28.176E	757	944	Maiswe Hills	
BW-13	-22.152S	26.906E	702	1264	Raboswaane Hill	
BW-6	-22.783S	26.783E	690	1354	Mamoluki	
BW-8	-20.477S	27.378E	635	1324	Gungwe Hill	
BW-7	-23.052S	26.340E	459	1349	Marakalalo	
BW-27	-20.618S	26.564E	432	1062	Kgwana Hills	
BW-19	-23.911S	25.938E	409	1155	Masuathaga Top	
BW-29	-24.228S	26.547E	324	997	Bogwete Hill	
BW-23	-23.709S	26.357E	300	1090	Kgannane Top	
BW-3	-25.027S	25.276E	287	1471	Dinaka Hills	
BW-15	-22.219S	27.415E	278	1200	Dikalate Hills	
BW-31	-21.808S	28.458E	251	937	Semabaje Hill	
BW-26	-23.813S	26.744E	243	1068	Masama Kop	
BW-24	-21.151S	27.511E	207	1085	Nyangabgwe Hill	
BW-9	-24.419S	25.733E	170	1312	Mmakanke	
BW-20	-20.811S	27.079E	166	1154	Njidigwe Hill	
BW-28	-21.640S	27.314E	153	1026	Moshaiwa Hill	
BW-17	-23.000S	27.783E	153	1166	Selika	
BW-21	-21.372S	27.035E	138	1143	Keromo River Top	
BW-12	-25.439S	25.320E	127	1268	Sehikile Hill	
BW-11	-24.455S	25.433E	106	1270	Sokomedi Hills	
BW-10	-22.670S	26.524E	80	1298	Kgorotlhwe Hill	
BW-2	-25.016S	25.716E	52	1484	Otse	
BW-14	-22.057S	26.771E	17	1233	Tapane Hill	

31 peaks 15,100 nominal cover [sq.km] 377,500

F5. SZ Swaziland

Peaks of over 120 m eminence, with a selection of lesser peaks

Area [sq.km]: 17,364

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
SZ-3	-26.483S	31.950E	344	774	Isateki	
SZ-2	-26.716S	31.183E	263	1452	Ntungula Kop	
SZ-1	-26.166S	31.050E	71	1800	Ngwenya	

3 peaks 678 nominal cover [sq.km] 16,950

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F5. LS Lesotho

Peaks of over 60 m eminence

Area [sq.km]: 30,355

List ID	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
LS-1	-29.466S	29.266E	3482	3482	Thabana Ntlenyana	
LS-4	-28.883S	28.833E	445	3356	Lehaha La Basadi	
LS-7	-29.732S	27.923E	440	3085	Thaba Putsoa	
LS-3	-29.866S	29.016E	332	3413	Qubushaning	
LS-5	-29.716S	28.550E	173	3224	Lehaha la Thakalatsa	
LS-6	-29.066S	28.433E	133	3186	Lephaqhoa	
LS-2	-29.232S	29.289E	80	3456	Makheka	
LS-8	-30.450S	27.933E	76	3020	Thabantso	

8

peaks

5161

nominal cover [sq.km]

129,025